

## Navigator 4 – \$1,520 (Inc. GST)

1. Complete Medical Examination
2. Personal/ Family Medical History
3. Height/ Weight/ Waist Circumference
4. Body & Visceral Fat Analysis
5. Body Mass Index
6. Vision Acuity & Colour Vision
7. 12-Lead Resting Electrocardiogram
8. Urine Analysis (FEME)
9. Stool Analysis (Occult Blood)
10. Pap Smear (Ladies only)
11. Diagnostic Imaging - Chest X-Ray
12. Medical Report
13. Medical Review by Doctor
14. Special Tests (*Choose any 4*):
  - Abdominal Ultrasound (Men only)
  - Prostate Ultrasound (Men only)
  - 24-Hr Blood Pressure monitoring
  - Treadmill ECG
  - Bone Mineral Densitometry
  - Breast Mammogram (Ladies only)
  - Breast Ultrasound (Ladies only)
  - Pelvic Ultrasound (Ladies only)
  - Oral Glucose Tolerance Test
  - Urea Breath Test

### **BLOOD AND URINE INVESTIGATIONS** (WAC144 + CA19.9)

#### **CORONARY RISK / CARDIAC PROFILE**

Total Cholesterol  
Triglycerides  
HDL Cholesterol  
LDL Cholesterol  
Total /HDL Cholesterol Ratio  
hsCRP

#### **LIVER FUNCTION SCREEN**

Total Protein  
Albumin  
Globulin  
A/G Ratio  
Total Bilirubin  
Alkaline Phosphatase  
SGPT/ALT  
SGOT/AST  
Gamma (GGT)

#### **HEPATITIS SCREEN**

Hepatitis A (HAV) IgG Antibody  
Hepatitis Bs Antigen  
Hepatitis Bs Antibody

#### **BONE & JOINT SCREEN**

Uric Acid  
RA Factor  
Phosphate  
Calcium

#### **STD PROFILE**

VDRL & Titre  
TPHA (if VDRL Reactive)

#### **TUMOUR MARKERS**

Liver - (AFP)  
Colon - (CEA)  
Pancreas - (CA 19-9)  
Ovaries - (CA 125) Ladies only  
Prostate - (PSA) Men only

#### **THYROID SCREEN**

Free T4  
TSH

#### **DIABETIC SCREEN**

HbA1c  
Blood Glucose

#### **HAEMATOLOGY**

Haemoglobin  
Total White Cells  
Total Red Cells  
Platelets  
Differential Count  
Peripheral Blood Film  
PCV, MCV, MCH, MCHC  
Blood Group  
Erythrocyte Sedimentation Rate

#### **RENAL FUNCTION**

Sodium  
Potassium  
Chloride  
Urea  
Creatinine