

Navigator 5 - \$1,980 (Inc. GST)

- 1. Complete Medical Examination
- 2. Personal/ Family Medical History
- 3. Height/ Weight/ Waist Circumference
- 4. Body & Visceral Fat Analysis
- 5. Body Mass Index
- 6. Vision Acuity & Colour Vision
- 7. Tonometry
- 8. 12-Lead Resting Electrocardiogram
- 9. Urine Analysis (FEME)
- 10. Urine Creatinine / Microalbumin Ratio
- 11. Stool Analysis (Occult Blood)
- 12. Stool FEME
- 13. Pap Smear (Ladies only)
- 14. Diagnostic Imaging Chest X-Ray
- 15. Medical Report
- 16. Medical Review by Doctor
- 17. Complimentary 2nd consult within 3 months of last Health Screening (excludes Investigations)
- 18. Special Tests (Choose any 5):
 - Abdominal Ultrasound (Men only)
 - Prostate Ultrasound (Men only)
 - Bone Mineral Densitometry
 - Oral Glucose Tolerance Test
 - Treadmill ECG
 - Calcium Score

- Breast Mammogram (Ladies only)
- Breast Ultrasound (Ladies only)
- Pelvic Ultrasound (Ladies only)
- Urea Breath Test
- 24-Hr Blood Pressure monitoring

BLOOD AND URINE INVESTIGATIONS (WACS5C/P + CA15-3)

CORONARY RISK / CARDIAC PROFILE

Total Cholesterol Triglycerides HDL Cholesterol LDL Cholesterol

Total /HDL Cholesterol Ratio

hsCRP

LIVER FUNCTION SCREEN

Total Protein
Albumin
Globulin
A/G Ratio
Total Bilirubin
Alkaline Phosphatase

SGPT/ALT SGOT/AST Gamma (GGT)

HEPATITIS SCREEN

Hepatitis A (HAV) IgG Antibody Hepatitis Bs Antigen Hepatitis Bs Antibody

STD PROFILE

VDRL & Titre

TPHA (if VDRL Reactive)

Hepatitis C Antibody

BONE & JOINT SCREEN

Uric Acid RA Factor Phosphate Calcium

Liver - (AFP)

TUMOUR MARKERS

Colon – (CEA) Nose – (EBV) Pancreas – (CA 19-9) Ovaries – (CA 125) Ladies only Breasts – (CA 15-3) Ladies only

Prostate - (PSA) Men only

THYROID SCREEN

Free T4 TSH

HORMONAL PROFILE

Progesterone FSH LH / ICSH Prolactin Sex Hormone

Sex Hormone Binding Globulin

Free Androgen Index

Estradiol (E2) – (Ladies only) Testosterone – (Men only)

HAEMATOLOGY

Haemoglobin Total White Cells Total Red Cells Platelets Differential Count

Peripheral Blood Film PCV, MCV, MCH, MCHC

Blood Group

Erythrocyte Sedimentation Rate

RENAL FUNCTION

Sodium Potassium Chloride Urea Creatinine

DIABETIC SCREEN

HbA1c Blood Glucose