

NAVIGATOR 7

- Complete Medical Examination
- Personal/ Family Medical History
- Height/ Weight/ Waist Circumference
- Body & Visceral Fat Analysis
- Body Mass Index
- Vision Acuity & Colour Vision
- Tonometry
- Retinal Camera Photo
- 12-Lead Resting Electrocardiogram
- Urine Analysis (FEME)
- Urine Creatinine/Microalbumin Ratio
- Stool Analysis (Occult Blood)
- Stool FEME
- Pap Smear (For Ladies)
- Diagnostic Imaging - Chest X-Ray
- Medical Report
- Medical Review by Doctor
- Complimentary 2nd consult within 3 months of last Health Screening (excludes Investigations)
- Special Test (*Choose any 6*):
 - Abdominal Ultrasound (Men only)
 - Prostate Ultrasound (Men only)
 - Carotid Doppler
 - Bone Mineral Densitometry
 - Calcium Score
 - Oral Glucose Tolerance Test
 - Urea Breath Test
 - Breast Mammogram (Ladies only)
 - Breast Ultrasound (Ladies only)
 - Pelvic Ultrasound (Ladies only)
 - Sleep Study for Apnea
 - Treadmill ECG
 - 24-Hr Blood Pressure monitoring
 - Liver Fast (Blood Tests)
- MRI/CT Angiogram (*Choose any 1*):
 - MRI - Headache Screen
 - MRI – Stroke Screen
 - MRI – Spine (Cervical, Thoracic or Lumbar)
 - MRI – Knee
 - MRA Carotids
 - CT Angiogram – Coronary Arteries
 - CT Angiogram – Abdominal Aorta

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■ BLOOD AND URINE INVESTIGATIONS (WAC283C/P)

CORONARY RISK / CARDIAC PROFILE

- Total Cholesterol
- Triglycerides
- HDL Cholesterol
- LDL Cholesterol
- Total /HDL Cholesterol Ratio
- hsCRP
- Lp (a)
- Apolipoprotein A1
- Apolipoprotein B
- Homocysteine

STD PROFILE

- VDRL & Titre
- TPHA (if VDRL Reactive)

RENAL FUNCTION

- Sodium
- Potassium
- Chloride
- Urea
- Creatinine

HEPATITIS SCREEN

- Hepatitis Bs Antigen
- Hepatitis Bs Antibody
- Hepatitis A (HAV) IgG Antibody
- Hepatitis C Antibody

LIVER FUNCTION SCREEN

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- Total Bilirubin
- Alkaline Phosphatase
- SGPT/ALT
- SGOT/AST
- Gamma (GGT)

TUMOUR MARKERS

- Liver - (AFP)
- Colon – (CEA)
- Nose – (EBV)
- Pancreas – (CA 19-9)
- Breast – (CA 15-3) Ladies only
- Ovaries – (CA 125) Ladies only
- Prostate – (PSA) Men only

HORMONAL PROFILE

- Progesterone
- FSH
- LH / ICSH
- Prolactin
- Sex Hormone Binding Globulin
- Free Androgen
- Estradiol (E2) – Ladies only
- Testosterone – Men only

DIABETIC SCREEN

- HbA1c
- Blood Glucose

BONE & JOINT SCREEN

- Uric Acid
- RA Factor
- Phosphate
- Calcium
- Vitamin D

THYROID SCREEN

- Free T4
- TSH

HAEMATOLOGY

- Haemoglobin
- Total White Cells
- Total Red Cells
- Platelets
- Differential Count
- Peripheral Blood Film
- PCV, MCV, MCH, MCHC
- Blood Group
- Erythrocyte Sedimentation Rate

NUTRITION PROFILE

- Iron
- Iron Binding Capacity, Total
- % Iron Saturation
- Ferritin
- Folic Acid, Serum
- Vitamin B12